



Y.E.S. For Dine' Bikéyah offers **outdoor adventures, school-based programs, youth service initiatives** and **educational resources** for schools and communities across the Navajo Nation.

Our outdoor adventure activities are the core of the program. We offer outings year-round at Grand Canyon, Navajo Mountain, Rainbow Bridge, Chuska Mountains and other cool spots, combining adventure with personal enrichment and engaging learning experiences. The Tour de Rez program blends mountain biking, backpacking and hiking for Navajo youth on a unique summertime journey.

Our staff travels to schools across the reservation, promoting a message of lifelong fitness and healthy, drug-free living. Our presentations include "Tour de Rez: A Celebration of Dine' Bikéyah", "Lifelong Fitness: The Rez Road to Wellness" and "Finding Your Natural High".

We strive to instill in youth a sense of empowerment by offering opportunities for meaningful community service. The current emphasis of the projects is on trail building and park restoration.

Creating a sense of pride in Dine' Bikéyah and promoting a healthy, drug-free lifestyle are the primary goals of our educational resources. Through this calendar, the "Tales from the Trail" newsletter, and our trail guides, we work to share with youth a more positive way of seeing the world around them.

Mission Statement For Youth Empowerment Services





Outdoor Adventure Calendar

- January 10: Winter Sports @ Chuska Mountains
- January 23-25: Grand Canyon Colorado River Backpacking Trip
- January 31: Winter Sports @ Navajo Mountain
- February 6-7: Durango/ Ft. Lewis College Trip
- February 20-22: Grand Canyon Indian Gardens Backpacking Trip
- February 28: YES Board Meeting @ Window Rock
- March 1: Winter Sports @ Teec Nos Pos
- March 6-8: Four Corners Outdoor Education Conference
- March 20-22: Havasupai Backpacking Trip No. 1
- March 23-25: Havasupai Backpacking Trip No. 2
- March 26-28: Havasupai Backpacking Trip No. 3
- April 3-4: Navajo Mountain Spring Summit Hike
- April 18: Y.E.S. Benefit Golf Outing
- April 24-26: Grand Canyon Tonto Trail Backpacking Trip
- May 2: Shiprock Marathon
- May 2: YES Board Meeting @ Teec Nos Pos
- May 8-10: Grand Canyon Horseshoe Mesa Backpacking Trip
- May 17-18: Carrizo Mountain Campout
- May 25- July 20: Tour de Rez
- August 14-15: Carrizo Mountain Climb
- August 28-30: San Juan Mountains Backpacking Trip
- September 4-6: Grand Canyon Rim-to-Rim Backpacking Trip
- September 12: YES Board Meeting @ Grand Canyon
- September: Grand Canyon Music Festival on South Rim and at schools
- October 9-11: Chuska Challenge
- October 16-17: Navajo Mountain Summit Hike
- October 30: Grand Canyon Halloween Hermit Trail Hike
- November 6-8: Grand Canyon Colorado River Backpacking Trip
- November 21: Black Mesa Hike
- December 11-13: Grand Canyon Indian Gardens Backpacking Trip
- December 19: YES Board Meeting @ Flagstaff

Wow!

Awesome!

Our Partners:

- Tiis Nazbas Community School
- Shonto Prep School
- Round Rock Elementary School
- Kayenta Coordinated School Health
- Shiprock Coordinated School Health
- Shiprock Department of Youth
- Tohatchi Elementary School
- Breadsprings Day School
- Ganado Intermediate School
- Wingate High School
- Naatsisaan Community School
- Naatsisaan High School
- Kayenta Community School
- Kayenta Public Schools
- Montezuma Creek Elementary School
- Monument Valley High School
- Tsaile Community Church
- Gallup Coordinated School Health
- Shonto Prep/Tech High School
- Chilchinbeto Community School
- Tuba City Department of Youth
- Lukachukai Community School
- Immanuel Mission
- Red Mesa School District
- Red Valley-Cove High School
- Aneth Community School
- Community of Bluff, Utah
- Rocky Ridge Boarding School
- Twin Lakes Elementary School
- Hardrocks Chapter Youth Program
- Red Rock Day School



Ponderosas on Navajo Mountain

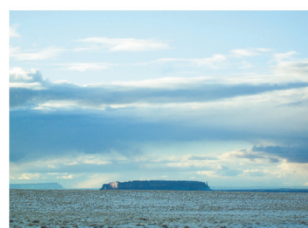
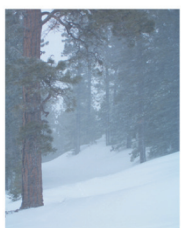
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Martin Luther King, Jr. Day	20	21	22	23	24
25	26	27	28	29	30	31

December 2008

S	M	T	W	T	F	S
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28



Yas Nilt'ees
The Thawing of Snow
January



Winter whites near Narbona Pass

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

Christmas

November 2009							January 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	17	18	19	20	21	22	23
22	23	24	25	26	27	28	24	25	26	27	28	29	30
29	30						31						



Nitch'itsoh

Great Winds

December



Winter in the capital - Window Rock

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14 Valentine's Day
15	16 President's Day	17	18	19	20	21
22	23	24	25	26	27	28
1	2	3	4	5	6	7

January 2009

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

March 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Atsa' Biyaázh
 Birth of Eaglets
February



White Mesa Arch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Daylight Savings Time Ends	9	10	11	12	13	14
8	9	10	11	12	13	14
			Veteran's Day			
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
				Thanksgiving		

October 2009							December 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31				



Nitch'its'osi
Slender Winds
November



Fire in the sky - Lukachukai Mountains

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
Daylight Savings Time Begins						
15	16	17	18	19	20	21
		St. Patrick's Day				
22	23	24	25	26	27	28
29	30	31	1	2	3	4

February 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

April 2009

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



Wóózhch'íid
 The Sound of Baby Eagles
March



Aspens in autumn - Chuska Mountains

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Halloween

September 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

November 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Ghàaji
Parting of the Seasons
October



Spring comes to "No Man's Land"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
Easter			Tax Day			
19	20	21	22	23	24	25
			Earth Day			
26	27	28	29	30	1	2

March 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

May 2009

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
						31



T'ááçhil
Growth of Early Plant Life
April



Kayenta students in Grand Canyon

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7	8	9	10	11	12
	Labor Day					
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

August 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

October 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Bini'ant'áátsoh

Ripening of Late Crops

September



Biking toward Black Mesa

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>April 2009</p> <p>S M T W T F S</p> <p>1 2 3 4</p> <p>5 6 7 8 9 10 11</p> <p>12 13 14 15 16 17 18</p> <p>19 20 21 22 23 24 25</p> <p>26 27 28 29 30</p>	<p>June 2009</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30</p>	28	29	30	1	2
3	4	5	6	7	8	9
		Cinco de Mayo				
10	11	12	13	14	15	16
Mother's Day						
17	18	19	20	21	22	23
24	25	26	27	28	29	30
	Memorial Day					
31						



T'áátsoh
 Big Leaves
 May



Sunset over Lake Powell

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2009 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	September 2009 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



Bini'ant'áats'ózi
 Ripening of Early Crops
 August



Assayi Lake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
Father's Day						
28	29	30	1	2	3	4

May 2009

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

July 2009

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Ya'iishjaáshchilí
Planting of Early Crops

June

Ya'ishjashatsoh

Planting of Late Crops

July



June 2009							August 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	8	9	10	11	12	13	14
14	15	16	17	18	19	20	21	22	23	24	25	26	27
28	29	30					30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
			8	9	10	11
			15	16	17	18
			22	23	24	25
			29	30	31	1
						Independence Day

Rainbow Bridge

